**Where Does Food Come From?**

**(Health and Self-Care)**

Look through the PowerPoint presentation ‘Where Does Food Come From?’ Talk with your children about the different variety of food and the places it comes from. When the slide show is finished complete the ‘Where Does Food Come From?’ worksheet. You could extend this activity by looking at the food in your house and discussing where it comes from/how it is made. If you follow this link <https://www.youtube.com/user/ComeOutsideTV/videos> there are some wonderful videos explaining where a whole range of everyday objects (including some foods) come from.

Thank you.