



Childwall CE Primary School

PRIME AREA PSED	Building relationships	Managing Self	Self-Regulation
3 and 4 Year olds	<ul style="list-style-type: none"> ➤ Play with one or more other children, extending and elaborating play ideas. ➤ Find solutions to conflicts and rivalries. E.g. accepting that not everyone can be Spider-Man in the game, and suggesting other ideas. 	<ul style="list-style-type: none"> ➤ Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. ➤ Develop their sense of responsibility and membership of a community. ➤ Become more outgoing with unfamiliar people, in the safe context of their setting ➤ Show more confidence in new social situations. ➤ Increasingly follow rules, understanding why they are important. Remember rules without needing an adult to remind them. ➤ Use large and small motor skills to do things independently, for example manage buttons and zips, and pour drinks. Show an increasing desire to be independent, such as wanting to feed themselves and dress or undress. Start eating independently and learning how to use a knife and fork. ➤ Be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips. ➤ Be increasingly independent in meeting their own care needs, e.g., brushing teeth, using the toilet, washing and drying their hands thoroughly. ➤ Make healthy choices about food, drink, activity and tooth-brushing 	<ul style="list-style-type: none"> ➤ Develop appropriate ways of being assertive. ➤ Talk with others to solve conflicts. ➤ Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. ➤ Understand gradually how others might be feeling.
Reception	<ul style="list-style-type: none"> ➤ See themselves as a valuable individual. ➤ Build constructive and respectful relationships. ➤ Express their feelings and consider the feelings of others. 	<ul style="list-style-type: none"> ➤ Show resilience and perseverance in the face of challenge. ➤ Manage their own needs - Personal hygiene etc 	<ul style="list-style-type: none"> ➤ Identify and moderate their own feelings socially and emotionally ➤ Think about the perspectives of others.
Early Learning Goal - Children at the expected level of development will:	<ul style="list-style-type: none"> ➤ Work and play cooperatively and take turns with others; ➤ Form positive attachments to adults and friendships with peers; ➤ Show sensitivity to their own and to others' needs. 	<ul style="list-style-type: none"> ➤ Be confident to try new activities and show independence, resilience and perseverance in the face of challenge ➤ Explain the reasons for rules, know right from wrong and try to behave accordingly; ➤ Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. 	<ul style="list-style-type: none"> ➤ Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; ➤ Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; ➤ Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

