

## **Facebook Support Groups for all disabilities in Liverpool**

LivPaC (Liverpool Parents and Carers) - (picture of a cup)

Liverpool Autism Group - (picture of 2 leaves)

Parent Interest Group – (picture of a tree)

The Isabella Trust – (picture of a word Isabella and a little girl)

Autism in Motion - (picture of large rainbow with 2 kids and adult)

Autism Adventure UK – (picture of a hot air balloon in the autism colours)

Liverpool Autistic Children's Alliance – (picture of a multi-coloured jigsaw)

Tourette's Syndrome Support - (facilitated through the ADHD Foundation) picture of light bulb

Daisy Inclusive UK – (picture of a large daisy)

Down Syndrome Liverpool – (picture of 4 children's faces)

## **SUPPORT GROUPS in Liverpool**

### **LivPaC - Liverpool Parents and Carers Forum**

Parents & Carers of Disabled/SEN Children and Young People 0-25 years old

**Tel:-** 0151 727 5271 or 07504544638 **Email:-** [livpac@hotmail.co.uk](mailto:livpac@hotmail.co.uk) **Website:-** [www.livpac.co.uk](http://www.livpac.co.uk)

We aim to equip and empower parents, carers, children and young people with the skills, tools, knowledge and confidence to better recognise, understand and meet the needs of their family.

Meet up 1<sup>st</sup> Tuesday of every month unless training is on. 10:00am – 12:30pm for coffee, chat and mutual support at:-

DCLP, 5 Shelmore Drive, Dingle, Liverpool L8 4YL

They do an evening coffee evening, but check Facebook for dates.

They also have coffee mornings at De La Salle Academy in the Brothers House next to the school. It is every month 10:00am – 12:00pm. Again, check Facebook.

### **Parents Interest Group** run by June Ardrey (term time only) based in Anfield (Term Time)

At Merseyside Christian Fellowship Church Hall

22 Richmond Park, Liverpool L6 5AD

**Tel:-** 07837098625

**The Isabella Trust** (they do a lot of work around ASD, sensory processing issues, visuals, behaviour issues etc. This group is run by Tracey Bowyer

**Tel:-** 07956749774 **Email:-** [info@theisabellatrust.org](mailto:info@theisabellatrust.org)

**Website:-** [www.theisabellatrust.org](http://www.theisabellatrust.org)

**Autism Adventures** is run by Julie Simpson and you can access the information on either the Facebook page or their website [www.liverpoolautismadventures.co.uk](http://www.liverpoolautismadventures.co.uk) They provide suitable social and leisure activities and other events throughout the year of the school holidays for children on the spectrum. For more information please contact Julie via the contact page on the website.

### **Daisy Inclusive UK**

The Daisy Nucleus Academy (DNA)

2 Barnes Street, Everton L6 5LB

Tel: 0151 261 0309 Website:- [www.daisyuk.co.uk](http://www.daisyuk.co.uk)

This was formed by Dave Kelly, who's vision of inclusion was for all disabilities. Inclusion of young people with disabilities so that they can learn new skills through sport, education and social activities, while meeting new people and creating new friendships. Daisy UK also offers training.

### **Liverpool Autistic Children's Alliance Support Group**

1<sup>st</sup> Friday of every month

Joseph Lappin Centre, Mill Lane, Off St Oswald Street, Old Swan,

Liverpool L13 5TF

email:- [asdchildren@gmail.com](mailto:asdchildren@gmail.com)

### **Autism in Motion Support Group**

Norris Green Youth Centre

email:- [aimautism@hotmail.com](mailto:aimautism@hotmail.com)

They meet every month check their FB page for details.

They also run different activities to promote social inclusion specifically tailored for children on the Autism Spectrum, pre-and post-diagnosis, siblings are always welcome. For up to date information, again please check their Facebook page or email them.

**Tourette's Syndrome Support** are linked with the ADHD Foundation. Their logo is Tourette's Support with a large red tick above the T. On their Facebook site they can build relationships and all relevant dates for support meetings is posted on them. Further information can be requested by sending an email to: -

[info@adhd.foundation.org.uk](mailto:info@adhd.foundation.org.uk) Tel: 0151 2372661

**ADHD Foundation** run a support group for parents/carers who have children or young people who have a diagnosis, on the pathway or even just not sure yet. They hold drop-ins one a month on a Tuesday 10am – 12pm at The Brink, 15-21 Parr Street, Liverpool L1 4JN - Contact Natalie Wojcik for further details:- email: [Natalie.wojcik@adhdfoundation.org.uk](mailto:Natalie.wojcik@adhdfoundation.org.uk) or call Natalie on 07772228977

### **ADDvanced Solutions Community Network**

Business First Centre, 23 Goodlass Road, Speke L24 9HJ – Tel 0151 486 1788  
email: [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk)

Community based learning, coaching and mentoring programmes and health, wellbeing and enrichment activities for families living with Neurodevelopmental conditions. They support families' pre, during and post diagnosis to find the answers for themselves, struggling to cope with the daily challenges of unmanaged and unsupported Neurodevelopmental conditions including autism spectrum disorder, HFA, sensory processing difficulties, ADHD, dyslexia, dyspraxia, dyscalculia, dysgraphia, fragile X, communication difficulties, special educational needs and disability.

## **Social Inclusive Play for children and young people with SEN/disabilities**

Soft Play disabilities evenings and siblings welcome: -

Every 1<sup>st</sup> Tuesday of a month: Go Kids! Play Centre

Skypark International

Blenheim Way

Speke

Liverpool

L24 1YH

[Tel:- 0151 486 9374](tel:01514869374)

Email: [infogokids@gmail.com](mailto:infogokids@gmail.com)

Every 2<sup>nd</sup> Tuesday of the month: Yellow Sub

Dempster Buildings

Atlantic Way

Brunswick Business Park

Liverpool

L3 4BE

[Tel:- 0844 4120 850](tel:08444120850)

Fax:- 0844 4120 851

Email:- [info@yellowsub.co.uk](mailto:info@yellowsub.co.uk)

Every 3<sup>rd</sup> Tuesday of the month: Jungle Fun at Belle Vale

Upper Floor, Belle Vale Shopping Centre

Hedgefield Road

Liverpool

L25 2RQ

Every last Monday of the month:- Kidz Fantasy Land on Edge Lane

Kidz Fantasy Land

Unit 2 Montrose Retail Park

Binns Road

Off Edge Lane

Liverpool

L7 9NF

[Tel:- 0151 220 2021](tel:01512202021)

Email:- [kidzfantasyland@hotmail.com](mailto:kidzfantasyland@hotmail.com)

INFORMATION ON ACTIVITIES, SUPPORT GROUPS AND FACEBOOK PAGES FOR  
CHILDREN AND YOUNG PEOPLE WITH SEND (SPECIAL EDUCATIONAL NEEDS AND/OR DISABILITIES)

Every Thursday at Happy Days:-

166-168 Townsend Lane,  
Liverpool  
L13 9DN

It's from 6pm – 8pm. £6.00 entry fee and that includes a small meal. Siblings welcome.

Spring City Trampoline Park Disability Session:-

Unit 1 & 2 Glacier Buildings  
Harrington Road  
Brunswick Business Park  
Liverpool  
L3 4BH – For SAT NAV use L3 4ED  
[Tel:- 0151 958 0398](tel:01519580398)

Every Sunday 9am – 10am and every Thursday of the month 6pm – 7pm, please ring up and BOOK your PLACE. You don't pay till you arrive on the day, but if you can't make it, please ring and cancel so that someone else can take that slot

Area 51 Laser - Belle Vale Autism/Disability night: -

Please check Facebook for information as there is a lady called Carol Foy who will put up the details of when the next session is on. The sessions are either on a Tuesday or a Wednesday and this is based at Belle Vale Shopping Centre

Disability swim at Wavertree Aquatic Park: - Wellington road, Liverpool L15 4LE

Every Sunday 3pm till 4pm £2.00 per person

Mattel Play based at the Albert Dock, Liverpool L3 4AA do autism sessions, just keep checking their website for the dates to appear

Splashworld in Southport do quiet nights every 2 weeks during term times and that is £6.50 per child and carer go free. Please check their website for the future dates of when the sessions are on.

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Greenbank do sport activities for children with disabilities, please check out their website for the full range of different activities available <http://www.greenbanksportsacademy.co.uk>

Inflatable assault course on Monday 5:15pm – 6:15pm and that is £2.00 per child

Fun for all is on Fridays at 5pm – 6pm and that is £1.00 per child

The Fact Cinema do an Autism Friendly session every Sunday and again if you are linked up with any of the groups on Facebook the latest info of what is being shown will come up and you will be able to decide, if you want to go or not- Only £3.00

Also look up information: -

Check out other cinemas for autism-friendly sessions on their website <https://www.dimensions-uk.org/families/autism-friendly>

Autism Friendly Football - Every Thursday (Term-Time) 5.00pm – 6.00pm

IM Marsh Campus

Bankhill Road

Aigburth L17 6BD

Suit ages 5-15, £4.00 per child, no need to book, qualified coach

Also look at Autism in Motion Facebook to see their list of activities during the week consisting of: Dance, Swimming, Football and Boxing