



DANCE

| EYFS | YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 | YEAR 5 | YEAR 6 |
|---------------|---------|-----------|------------|------------|--------------|-------------|
| Move | Counts | Mirror | Flow | Expression | Formation | Phrase |
| Copy | Slow | Action | Explore | Unison | Posture | Structure |
| Shape | Pose | Direction | Create | Represent | Canon | Connect |
| Safely around | Fast | Speed | Perform | Dynamics | Performance | Choreograph |
| Travel | Level | Level | Match | Control | Relationship | Contrast |
| Sideways | Balance | Pathway | Feedback | | | Fluently |
| Forwards | | Timing | Expression | | | |
| Backwards | | | | | | |

GAMES

| EYFS | YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 | YEAR 5 | YEAR 6 |
|-----------|-----------|------------|--------------|------------|-------------|--------------|
| Pass | Defender | Receive | Receiver | Outwit | Tactics | Consecutive |
| Team | Points | Send | Footwork | Pivot | Control | Consistently |
| Tag | Dribbling | Teammate | Rebound | Opposition | Foul | Dictate |
| Balance | Attacker | Chest | Tracking | Court | Pressure | Contest |
| Safely | Score | Pass | Interception | Contact | Onside | Formation |
| Space | Partner | Possession | Mark | Opponent | Offside | Conceding |
| Forwards | | Goal | Travelling | Field | Support | Turnover |
| Backwards | | Dodge | Playing area | Pitch | Obstruction | Shut down |
| | | Bounce | | | | |
| | | Pass | | | | |

Childwall Church of England Primary School

P.E Vocabulary Grids



O.A.A

| EYFS | YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 | YEAR 5 | YEAR 6 |
|--------|--------------|--------------|----------|-------------|--------------|-------------------|
| Share | Lead | Support | Trust | Inclusive | Collaborate | Location |
| Team | Teamwork | Direction | Navigate | Leader | Tactical | Symbol |
| Path | Co-operate | Co-operate | Grid | Effectively | Control | Strategy |
| Listen | Instructions | Instructions | Discuss | Symbol | Collective | Boundaries |
| Space | Solve | Successful | Plan | Orientate | Navigation | Critical thinking |
| | | Communicate | Rules | | Orienteering | Co-operatively |
| | | Map | | | | |

GYMNASTICS

| EYFS | YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 | YEAR 5 | YEAR 6 |
|-----------|-----------|----------|-------------|-----------|-----------------|-----------|
| Move | Action | Link | Flow | Quality | Symmetrical | Momentum |
| Copy | Jump | Straddle | Matching | Perform | Asymmetrical | Fluently |
| Over | Roll | Pathway | Interesting | Inverted | Rotation | Stability |
| Shape | Level | Sequence | Explore | Technique | Aesthetics | Formation |
| Rock | Direction | Speed | Create | Apparatus | Canon | Counter |
| Space | Speed | Tuck | Control | Extension | Synchronisation | Balance |
| Around | Point | Star | Contrasting | | Progression | Tension |
| Safely | Balance | Pike | | | | |
| Sideways | | | | | | |
| Travel | | | | | | |
| Forwards | | | | | | |
| Backwards | | | | | | |



Athletics

| EYFS | YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 | YEAR 5 | YEAR 6 |
|-----------|-----------|----------|------------|---------------|-----------|--------------------|
| Push | Far | Sprint | Speed | Power | Technique | Rotation |
| Stop | Hop | Jog | Higher | Stamina | Upsweep | Force |
| Jump | Aim | Distance | Power | Determination | Rhythm | Trajectory |
| Space | Fast | Height | Strength | Officiate | Downsweep | Compete |
| Forwards | Slow | Take off | Accurately | Accuracy | Flight | Continuous |
| Safely | Bend | Landing | Pace | Perseverance | Stride | Pace |
| Balance | Improve | Overarm | Control | Personal best | | Momentum |
| Backwards | Direction | Underarm | Faster | | | Transfer of weight |
| | Travel | | Further | | | |

Fitness

| EYFS | YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 | YEAR 5 | YEAR 6 |
|---------|----------|--------|------------|---------------|-----------|-------------|
| Push | Heart | Strong | Strength | Technique | Technique | Generate |
| Stop | Exercise | Pace | Distance | Co-ordination | Momentum | Force |
| Space | Lungs | Race | Accurately | Control | Rhythm | Measure |
| Jump | Body | Speed | Balance | Healthy | Agility | Analyse |
| Balance | Mood | Jog | Control | Progress | Drive | Continuous |
| Safely | | Steady | | Muscle | Power | Flexibility |
| | | Sprint | | Stamina | | Record |



Fundamentals

| EYFS | YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 |
|---------|------------------|--------|--------------|------------|
| Run | Fast | Dodge | Distance | Momentum |
| Stop | Direction | Speed | Technique | Decelerate |
| Space | Hop | Hurdle | Control | Transfer |
| Jump | Land | Steady | Tension | Accelerate |
| Balance | Slow | Sprint | Coordination | Pace |
| Skip | Safely Sprint | | Rhythm | Stability |

Net & Wall

| EYFS | YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 | YEAR 5 | YEAR 6 |
|--------------|----------------|---------|------------|----------|----------------|--------------|
| Team | Ready position | Receive | Serve | Receiver | Volley | Deep |
| Space | Partner | Quickly | Accurately | Outwit | Footwork | Forecourt |
| Catch t | Net | Trap | Track | Court | Tactics | Consecutive |
| Throw | Underarm | Defend | Racket | Backhand | Co-operatively | Consistently |
| Fundamentals | Score | Return | Control | Forehand | Continuously | Set |
| Safely | Points | Collect | Rally | | | Dig |
| Bounce | | Against | Opponent | | | Defensive |
| Forward | | | | | | Attacking |
| Backward | | | | | | Backcourt |



Target Games

| EYFS | YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 | YEAR 5 | YEAR 6 |
|---------|----------|----------|--------------|-------------|-----------|---------------|
| Aim | Points | Accurate | Rules | Chipping | Tactics | Support |
| Space | Distance | Overarm | Dodge | Opponent | Officiate | Consistently |
| Team | Throw | Send | Drive | Swing | Fair play | Cooperatively |
| Pass | Score | Teammate | Putt | Communicate | Hole | Sportsmanship |
| Balance | Far | Release | Court/course | Protect | Par | Tournament |
| Safely | Partner | Target | Block | Align | Pressure | Outwit |
| | | Against | Receiver | | Power | Hazard |
| | | Underarm | | | | Bunker |

Ball Skills

| EYFS | YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 |
|-------|-----------|----------|----------|--------------|
| Run | Far | Overarm | Track | Release |
| Stop | Direction | Collect | Receive | Select |
| Throw | Aim | Target | Chest | Control |
| Roll | Safely | Underarm | Shoulder | Consistently |
| Team | Balance | Dribble | Overhead | Technique |
| Kick | Send | Distance | Accurate | Persevere |
| Space | | | | |
| Catch | | | | |



| Swimming | | | | | |
|----------|-----------|--------------|----------------|------------|--------------|
| YEAR 1 | YEAR 2 | YEAR 3 | YEAR 4 | YEAR 5 | YEAR 6 |
| Exit | Pulling | Crawl | Stroke | Exhale | Endurance |
| Enter | Splash | Breaststroke | Huddle | Flutter | Propel |
| Front | Unaided | Submersion | Survival | Kick | Continuous |
| Travel | Gliding | Rotation | Treading water | Surface | Streamline |
| Rules | Floating | Backstroke | Alternate | Inhale | Synchronised |
| Safely | breathing | | Buoyancy | Somersault | Retrieve |
| Kicking | | | | | |
| Back | | | | | |